



www.activelaunceston.com.au





City Park

Meet our leaders at the rotunda, 8 weeks, every Friday!

Join Active Launceston for a FREE 45 minute 'active play' session for children of all ages and abilities; there is no better way to get children to increase their levels of physical activity participation!

Active Kids will provide you with lots of ideas about how to get your kids active in the home, community or school.

For more information please contact Active Launceston on 6324 4027

Move More, Live More!









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Active Launceston relies on grants, sponsorships and donations to operate. The Active Launceston Appeal gives you the opportunity to say thank you and contribute to programs and events into the future. To make a donation please visit the UTAS Foundation website www.utas.edu.au/foundation/donate and follow the links to the Active Launceston Appeal.

Active Kids is a free program funded by



2015 Active Kids Program

Friday Mornings (23RD October – 11TH December 2015)

9.30am - 10.15am

Under 5s

Just turn up on the day and participate

Active Kids is NOT a babysitting service! It is essential that carers, parents and teachers join in the activities with the children. Participants need to arrive 10-15minutes earlier on the first day of participation to complete necessary insurance/health waiver forms.

The Active Launceston Information Hub is your one stop shop for information on everything that is active in Launceston. Visit us to find out more about our great programs and events as well as other community initiatives at 41 Frankland Street Launceston.

